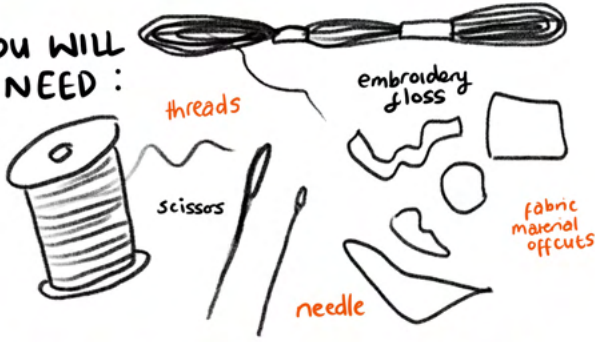


YOU WILL NEED:



LEARN BASIC MENDING AND STITCHING TECHNIQUES
CREATE A PERSONAL PIECE OF STITCHED ARTWORK.

AIM TO:

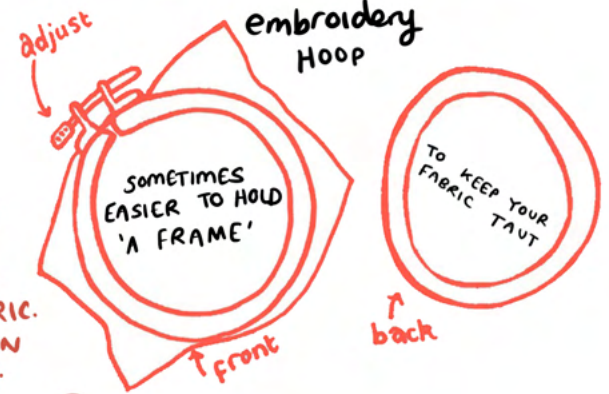


BEGINNER: START WITH A WOVEN + NON-STRETCHY BASE FABRIC!

LEARN
MAKE
KEEP

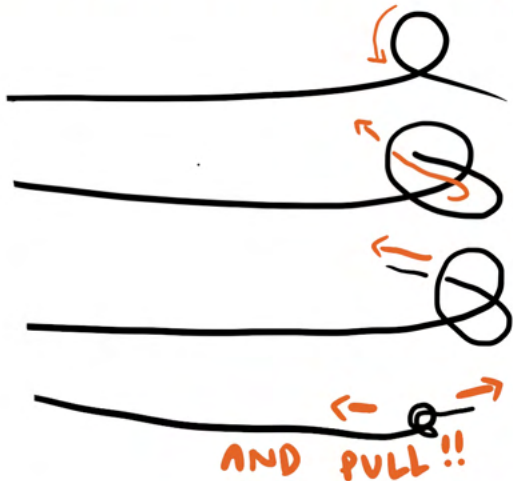
Hooping Up

- 1 SANDWICH FABRIC IN BETWEEN HOOP PIECES. FRONT HOOP ON TOP. BACK HOOP UNDER FABRIC. SCREW HOOP TIGHTER, ON A FLAT TABLE SURFACE.
- 2 WHEN SNUG + TIGHT, WITH HOOP FACE DOWN HOLD PRESSURE ON HOOP SO FABRIC STAYS IN FRAME!



- 3 START GENTLY PULLING EXTERIOR FABRIC, SO INSIDE THE HOOP BECOMES MORE TAUT.

TYING A START KNOT

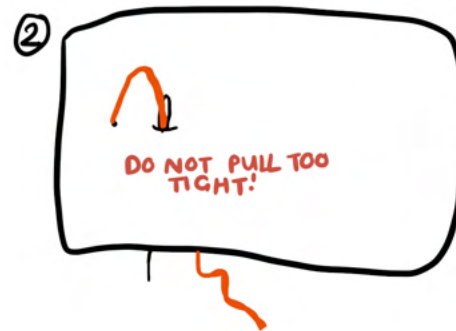


REMEMBER: YOUR KNOT MUST NOT FIT THROUGH YOUR FABRIC.

1. LOOP THREAD END AROUND FINGER.
2. CROSSING OVER ITSELF, GUIDE THREAD INTO LOOP.
3. LOOKING LIKE A LOOSE PRETZEL.
4. PULL TO KNOT.

YOU PROBABLY NEED TO DOUBLE KNOT

Making a stitch



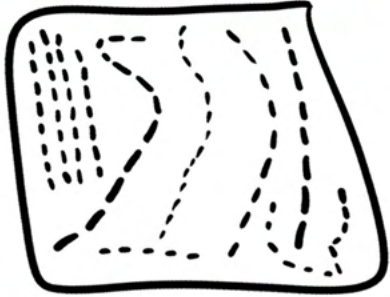
ENSURE NEEDLE IS KNOTTED + THREADED. YOU CAN DRAW A LINE OF DOTS TO HELP MARK OUT YOUR STITCHES. PIERCE NEEDLE IN THROUGH BACK OF FIRST DOT + OUT THROUGH THE FRONT. NOW PIERCE DOWN INTO SECOND DOT AND PULL THREAD SO THAT YOU CREATE A LINE.



HAND OUT MADE BY

LOTTIE PERCIVAL

Running Stitch



MAKE A SINGLE STITCH AND REPEAT IN A LINEAR FORM WITH A 'STITCH-SIZED' GAP LEFT IN BETWEEN EACH STITCH.

LIKE A WORM HEAVING IN AND OUT!

Back Stitch



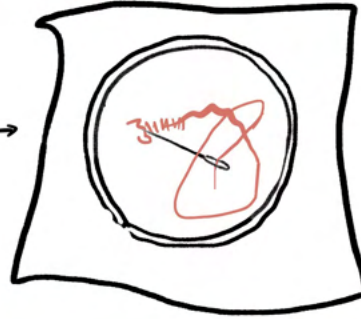
MAKE A SINGLE STITCH AND CONTINUE YOUR SECOND STITCH A 'GAP' AWAY LIKE RUNNING STITCH. INSTEAD OF MAKING A RUNNING STITCH, GO BACK INTO THE END OF YOUR FIRST STITCH. REPEAT 😊

no gaps

TYING AN END KNOT

WHEN YOU NEED OR WANT TO TIE OFF YOUR THREAD ENDS..

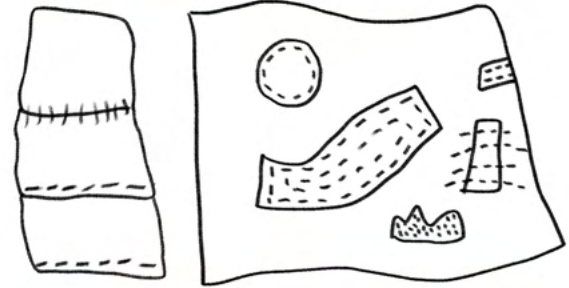
BACK OF STITCHING →



ENSURE YOU HAVE AT LEAST 5cm THREAD REMAINING. ENSURE YOUR LAST STITCH LEAVES NEEDLE + THREAD AT BACK OF STITCHING.

SLIDE THREADED NEEDLE UNDER NEAREST STITCH (BACK OF STITCH). DO NOT PULL ALL THE WAY. STOP AS YOU FORM A LOOP. THREAD YOUR NEEDLE + THREAD THROUGH THAT LOOP. REPEAT TO MAKE A SECURE KNOT.

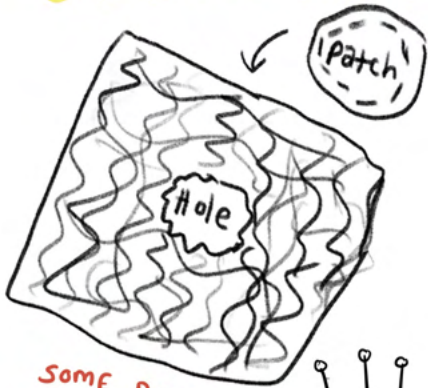
Joining Fabric



SAVE YOUR OFFCUTS &

USE RUNNING STITCH + BACK STITCH AS LINES OF CONSTRUCTION TO JOIN FABRICS, SEW LINES + WORDS.

Embroidered Mending



SOME BASIC EMBROIDERY SKILLS FOR MENDING CREATIVELY

USE A PIN TO HOLD FABRIC IN PLACE!

Seed Stitch



MAKE A SINGLE SMALL + 'SPEC-LIKE' STITCH. A 0.1mm LINE. A LINEAR DOT. NOW ADD SOME AROUND IT. SLOT THEM INTO SPACE, IN DIFFERENT DIRECTIONS.

MEND: USE BOTH TO SEW PATCHES TO FABRIC

Satin Stitch



MAKE A SINGLE STITCH MAKE ANOTHER IDENTICAL STITCH IMMEDIATELY PARALLEL TO FIRST STITCH. YOU CAN DECIDE AND VARY BETWEEN LENGTH. "COLOURING / FILLING IN" STITCH VERY PADDED, THICK EFFECT.

Sustainable Stuffing 3D Surface



USE SALVAGED BITS OF THREAD + FABRIC OFFCUTS AS FILLING OR STUFFING.

SANDWICH STUFFING IN BETWEEN FABRIC FOR 3D EFFECTS!



PAD STUFF FILL



HAND OUT MADE BY

